











Time to Relax...

Our natural country setting is echoed throughout everything at Whinstone View Spa, from the decor to the amazing products we use. Decléor facials and body treatments are famous world wide for their heavenly feel and simply stunning results.

Luxury Jessica nail treatments are available whilst sitting at our nail bars taking in the country views and beautiful grounds.

Whether you need a relaxing facial, a renewed manicure or a refreshing pamper, you will leave Whinstone View Spa feel revitalised.



Whinstone View Spa would like to create a little oasis of calm during your time with us. Therefore we ask all mobile phones to be switched off before arrival.

We ask all new clients to arrive 5 minutes prior to their treatments, however if you are running late we will do our best to accommodate you. However your treatment time may be shortened in consideration of the following clients appointment time.

The minimum age is 16 and we regret we can not accommodate babies or small children in the spa. Please do not hesitate to contact us if you have any special requirements or questions. If unfortunately you have to cancel, please give us as much notice as possible. Cancellations made less than 24hrs in advance may incur a 50% charge of the treatment price or loss of any deposit made.

### **GIFT VOUCHERS**

Whinstone View gift vouchers are a great idea for everyone, especially those 'difficult-to-buy-for' people.

Our gift vouchers can be used anywhere at Whinstone View and are valid for 12 months.

Available to buy online!



"Working inside out, instead of outside in"

#### **Targeted solutions for every skin type**

since 1999 we have crafted the absolute finest skincare products and continue to do so as we embrace our role as the leader in plant stem cell technology and as a top international skincare brand. Innovated products that address every need and desire, advanced delivery systems and our unique line takes skincare to the next level of excellence and that is pure skin science.

Skin peels and resurfacer treatments are designed to exfoliate your skin and encourage it to refresh itself by creating fresh new skin cells. They also stimulate the skin's natural collagen production to help target the appearance of fine lines and wrinkles.

Skin peel treatments make use of acids and enzymes to exfoliate away layers of the skin to reveal fresher, clearer, more youthful looking skin beneath the surface. Resurfacers are a milder type of skin peel and are sometimes referred to as 'superficial exfoliating treatments'.

The powerful blend of ingredients in skin peels work to visibly reduce the appearance of open pores, remove dead skin cells, target blemishes, acne and pigmentation, and visibly smooth fine lines and wrinkles.

### **LEVEL 1 - FACIALS**

#### Essential Balance Facial 60 min - £50

This revitalising treatment promotes healthy, balanced skin.

#### Peptide Vitality Facial 60 min - £55

Relax the appearance of fine lines and wrinkles, while plumping and firming the skin for a youthful boost.

#### Retinol Infusion Facial 30 min - £55

Revive, repair and restore your skin. Retinol infusion is the perfect pick-me-up for dull, lifeless skin.

#### Derma Clear Extraction Facial 60min - £55

For Acneic, oily, combination & congested skin.

Undermine acne-causing bacteria, effectively treat blackheads, and promote clearer even skin texture.

#### C Infusion Facial 60min - £55

You've got to C it to believe it! The unparalleled powers of BV-OSC, a potent yet gentle, stable form of vitamin C give rise to glowing, vibrant skin.

#### Skin Bright Facial 60min -£60

For hyperpigmentation, uneven skin tones, dull, lifeless skin. Tighten tone & treat your skin to the benfits of peptides, vitamin A, & natural brightening ingredients.

## Results from Salicylic / Pumpkin Resurfacer





Purchase 3 resurfacers and receive a free prep kit (worth £80)

### **LEVEL 2 - RESURFACERS**

#### Power Peptide Resurfacer 30 minutes - £70

Suitable for aging, texture concerns, visible lines and wrinkles.

#### Primary Pumpkin Resurfacer\* 30 minutes - £70

Treatment for dull, uneven skin tone, lines, wrinkles or scarring.

#### Salicylic Acid Resurfacer\* 30 minutes - £70

Treatment for acne, oily, combination and congested skin.

#### Power Pumkin Resurfacer 30 minutes - £70

Evens skin tone by lightening pigmentation, ideal for thick resistant breakout prone skin

#### **Mango Bright Resurfacer 30 minutes - £70**

For stubborn pigmentation, fine lines & wrinkles

#### Lactic Acid resurfacer 30 minutes - £70

Delivers unrivaled hydration while increasing cellular turnover

Glycolic acid resurfacer Level 1 - 30 minutes £70 level (1) 30% glycolic Glycolic acid resurfacer Level 11 - 30 minutes £70 level (2) 40% glycolic

Dermaquest's facial protein lift treatment is the ultimate facial, combining Glycolic and Lactic Acids for impressive cellular turnover and UV protection. This skin smoothing treatment ensures a reduction in fine lines and wrinkle depth - what's not to love? Peptides work to ensure your skin is indulged with protines, providing a facial lifting, tightening and plumping experience. Skin will feel and look healthier and hydrated. This effective anti-aging treatment gives your skin a hard-core workout while you simply relax and enjoy the benefits.

Who is if for: Moderate aging and texture concerns, visible line/wrinkles, perfect for events.

Some Treatments require 2 weeks skin prep please ask for details

## **LEVEL 3 - SKIN PEELS**

Skin Peels stimulate new cell growth and collagen production, to deeply exfoliate and reveal fresher, cleaner, brighter skin. Ask our team for their expert advice on which treatment is best for your skin type.

#### Retional Infusion Peel\* 30 minutes - £80

All skin types and conditions, revives, repairs and restores skin.

#### Salicylic Peel 30 minutes\* - £100

Acne, oily and combination skin. Salicylic acid effectively exfoliates the skin by controlling congestion and relieving inflammation.

#### TCA Peel 30 minutes\* - £110

Aging / texture concerns, visible lines, wrinkles, scarring, age spots.



\*All of these treatments must include a 20 minute consultation, a patch test and some require skin prepping two weeks prior to the treatment.



Dermapure Dermarolling - £80 Course of 3 - £200

Dermapure Dermarolling system uses a process of advanced skin micro-needling to produce natural, long-lasting results in skin rejuvenation using the Dermaroller. The advanced micro-needling procedure is designed to stimulate your skin, encouraging it to regenerate and repair itself naturally, producing smoother, brighter, younger and healthier looking skin.

The Dermapure Dermaroller treatment is clinically proven to be effective on:

- Scars (including acne)
- Sun damaged and ageing skin
- Facial and decollete lines and wrinkles
- Stretch marks
- Maximise results and get your skin looking its best by combining micro-needling treatments with one of our Dermaquest skincare programmes.

Dermarolling is a natural skin regeneration and Scar Repair Therapy.

#### **HOW DOES IT WORK?**

Dermarolling is designed to produce thousands of micro-needle columns in the skin, which in turn stimulates the skin to naturally regenerate and repair itself. As part of this stimulation new collagen can be formed, new skin cells generated and the structure of the dermis, the lower level of the skin enhanced.

#### WHAT RESULTS CAN I EXPECT?

This natural process takes time, it can take up to six weeks before you see significant results - although the process will continue over the following months and several treatments are usually required. The results are not only smoother, brighter rejuvenated skin, but it can also lead to an improvement in the appearance of acne scars and stretch marks.

## WHAT DOES THE TREATMENT INVOLVE?

Before your treatment is started your skin will be numbed with topical anaesthetic (can take up to 40 mins), so you'll remain comfortable throughout. The recommended treatment course is usually six treatments between 2 - 6 apart.

#### **AFTER THE PROCEDURE**

In the days following your Dermarolling procedure as the skin starts to regenerate and repair itself it may well feel drier than normal. Our Therapists will advise what specialist skincare is recommended to optimise your procedure.

# The Ultimate Resurfacer & Dermaroller combined 45 minutes £100

An advanced anti-aging and antioxident facial treatment that increases product penetration by 85% with the use of pure dermarolling system. Helps to firm and tighten the skin. Treats age management concerns and fine lines.

BEFORE & AFTER

#### **Home Dermaroller - £42**

For even better results, purchase a 0.25 roller to improve your penetration at home by 70%

## **DERMAPLAINING**

Dermaplaining is a procedure that exfoliates your skin and gets rid of dirt and vallus hair, better known as "peach fuzz"

**Benifits**-The exfoliation and hair removal can leave skin brighter and smoother. The exfoliation and hair removal can leave skin brighter and smoother. The treatment may soften fine lines and wrinkles and eases hyperpigmentation or uneven skin tone.

Also used to help and treat deep acne scars.

#### **30min £50**

Team it up with one of our fantastic Dermaquest treatments or home care for maximum results. **£25** 

Contact us today to start your new skin journey Tel: 01642 723285 Email: spa@whinstoneview.com www.whinstoneview.com/spa



# Back Massage 30 minutes - £30 Full Body 60 minutes - £55

## **Full Body Massage including scalp 1 hr 15 minutes - £65**Everyday stresses and strains simply disappear with our hea

Everyday stresses and strains simply disappear with our heavenly massage to either relax, detoxify, tone or stimulate.

#### Hot Stone Back Massage 40 minutes - £40 Hot Stone Full Body Massage including scalp 1 hr 15 minutes - £60

Stimulate energy flow while soothing the body and mind with this heavenly massage using the warmth of heated stones to ease tension and stress.

Leg & Foot Massage 20min - £20 Perfect for tired & achy legs

#### **Tranquility Scalp Massage 30 minutes - £30**

Intensely de-stressing scalp, neck and shoulder treatment to banish tension and aid restful sleep.

#### Aroma Body Wrap 60 minutes - £45

A wonderful form of relaxation. Essential oils are blended for your individual needs. Each treatment includes full body exfoliation and mask, a tranquil scalp massage and an application of body milk.

#### **Body Polish 40 minutes - £40**

Full body exfoliation followed by nourishing moisturiser.

# **HOT TUB**

Add on a dip in the hot tub! Available for £15pp (max 4 people) when booking two body or face treatments each. Drinks can be ordered over from the bistro for you to enjoy in the tub, bringing your own is not allowed!

# FACE & BODY TREATMENTS FOR NEW MUMS & MUMS TO BE

#### Radiant Mum To Be Treatment 1 hr 20 minutes - £60

A pampering head to toe treatment when you need it most. It will help ease aching backs, stress, fatigue and improves skin tone and elasticity. Treatments available from 12 - 39 weeks.

#### **Energising Face & Body Scrub 60 minutes - £45**

Revive tired skin with a invigorating face & body scrub. This treatment has been specifically created for the needs of new mums. Leaves skin perfected, strengthened and relaxed.

# **MANICURES & PEDICURES**

### **Jessica Gel Nails**

Long lasting high gloss shine nails with Jessica GELeration polish

<b>Gel Manicure</b> 45 minutes	£25	***
<b>Gel French Manicure</b> 45 minutes	£27	<b>JL</b>
<b>Gel Removal plus application</b> 60 minutes	£30	JESSICA <sup>®</sup>
<b>Gel Removal</b> 20 minutes	£10	
<b>Gel Pedicure</b> 60 minutes	£30	

#### **Manicures & Pedicures**

mittens and hand mask

Add gel polish to any treatment £10

File & Cuticles 30 minutes	£12	Mii Pedicure 60 minutes	£30
File & Polish 30 minutes	£12	Includes exfoliation, massage,	
Mii Manicure 45 minutes	£25	cuticle care, shaped nails & perfect polish.	
Includes exfoliation, massage cuticle care, shaped nails & perfect polish	2,	<b>Spa Deluxe Pedicure</b> 70 minutes As above plus thermal heat boots and foot mask	£35
<b>Spa Deluxe Manicure</b> 60 minutes As above plus thermal heat	£29	La Remedi Hand Treatment 20 minutes Exfoliating & conditioning treatment leaving	£15

hands silkier, smoother & firmer

# LASHES & BROW

\*A patch test is required 24hrs prior to first treatment

Lash Tint\* £12

**Brow Tint\*** £8

**Brow Wax** £8

Eye Package\* £26



#### LVL Lashes\* £45

The ultimate lash lift, natural enhancement to your own lashes. Very low maintenance lasting 6-8 weeks.

#### LVL Brow Sculpting/Lamination £45

Lasting 6-8 weeks

#### **Lash Express**

Express individual lashes which take only 40 minutes to apply but must be removed after 2 weeks. No in-fills. Great if you like the look but don't want to wear lash extensions for a long time.

# TANNING SU

#### Full Body £25 Half Body £18

Filled to the brim with skin-loving ingredients, vitamins, antioxidants and hydrating oils, our formula enriches the skin and imparts a tan that looks and feels natural. It also boosts skin quality with anti-aging, hydrating and skin firming ingredients-leaving skin smoother and more replenished than any other tan can!

#### **WEEKEND IN BOND!**

For those with pale skin, 'Weekend in Bondi' will provide a subtle, sun kissed tan, is great for a winter pick-me-up to put a glow back in your cheeks, or even for those bronzed bunnies wanting slightly more depth to their own natural tan. A perfect choice for brides, bridesmaids, first-time tanners or guys that don't want their mates to know they've had a fake tan!

#### **WEEK IN FIJI**

A more noticeable bronze, 'Week in Fiji' will give an instant self-esteem boost and have you looking 5kgs lighter! Your teeth will look whiter, eyes clearer and skin flawlessly bronzed. Our most popular colour, this 'destination' will give you a natural, healthy, holiday tan.

#### MONTH IN MAUI

As the name suggests, 'Month in Maui' will develop into a deep, dark bronze and have you looking like vou've enjoyed an extended, sun-soaked holiday. Offering a noticeably deeper bronze, this shade is great before a beach holiday, or during summer when most people have quite a bit of colour. For a more intense result, the tan can be left on for 4 hrs.

#### **SUMMER IN SANTORINI**

NEW! Summer in Santorini is a fast acting 1 Hour Rapid (violet-base) Tanning Solution which leaves skin with a deep-olive tan, as though you have just returned from a summer in the Greek Islands. BIOACTIVE SUPER HYDRATION COMPLEX. Nourishing 'super-berry' blend of Pepperberry, Muntari and Riberry, along with Fijian Tamanu, Coconut & Macadamia Nut oil, Jojoba Esters and Sodium Hyaluronate, ULTRA TANNING COMPLEX-5. With 5 different tanning actives for a faster, longer lasting ultra-dark olive tan.

# LYCON™ WAXING

Lycon is the world's leader in waxing technology, removing stubborn hair as short as 1mm and is virtually pain free.

Eyebrows	£8	Men's Back or Chest	£20
Lip or Chin	£7	Under Arm	£10
Lip & Chin	£12	Forearm	£15
Half Face	£15	Nostrils	£8
Half Leg	£18	Standard Bikini	£13
Half Leg & Bikini	£24	<b>G-String</b>	£18
Full Leg	£25	Brazilian	£26
Full Leg & Bikini	£29	Hollywood	£28

All facials include a 10 minute consultation to ensure a bespoke treatment

## **DECLÉOR MASSAGE LED FACIALS**

# AROMATHERAPY FACE MASSAGE 30 minutes £32 60 Minutes £50

Aromatherapy relaxation massage- A facial suitable for all looking to target your skin priorites whilst brightening and rebalancling the skin. Stress simply melts away thanks to this deeply relaxing aromatherapy massage.

Using a professional mask your therapist will select either the power packed Aromatherapy mask which contains sunflower and wheatgerm or the soothing Harmonies calm mask for a moisturized, luminous skin. The skin will feel softly cocooned as is left deep cleansed, perfectly replenished and glowing with vitality.

## LIFTING AROMATHERAPY FACE MASSAGE 70 minutes £60

Lifting, relaxing aromatherapy massage - A facial ideal for those targeting the signes of ageing and the need to destress and bring a sence of wellbeing. This deeply relaxing toning and firming aromatherapy face massage is ideal for those wanting to destress plus target the signes of aging. A lifting and contouring professional mask will be applied to leave the face looking amazing.



Occasionally throughout the year Whinstone View Spa offer special packages. Why not treat yourself, always great value and a chance to try something different, offers usually include time in the hot tub and something to eat in the bistro. Look out for the latest offers on social media or our website.



All pamper packages include use of the hot tub and a £10 allowance per person in the Bistro. Perfect for couples, catch up time with your bestie or just a treat for someone special. Towels, robes and slippers are all provided.

#### **GET TOGETHER £90 per person**

- Decléor Back Massage
- Discovery Facial
- File & Polish

#### JUST FOR HIM £90 per person

- Decléor Back Massage
- Express energy facial
- Leg & Foot Massage

#### **INDIVIDUALLY YOURS £110 per person**

Enjoy the three following treatments:

- Body Polish
- Scalp Massage
- Hot Stones Back Massage
- **Discovery Facial**
- Gel Manicure
- Gel Pedicure

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Packages are available to book Tuesday - Saturday

All spa packages and special offers require full payment at the time of booking any rescheduling within 48h will incur a 15% charge













