





Time to Relax...

Our natural country setting is echoed throughout everything at Whinstone View Spa, from the decor to the Decléor products we use. Decléor facials and body treatments are famous world wide for their heavenly feel and simply stunning results.

Luxury Jessica nail treatments are available whilst sitting at our nail bars taking in the country views and beautiful grounds.

Whether you need a relaxing facial, a renewed manicure or a refreshing pamper, you will leave Whinstone View Spa feel revitalised.



Whinstone View Spa would like to create a little oasis of calm during your time with us. Therefore we ask all mobile phones to be switched off before arrival.

We ask all new clients to arrive 5 minutes prior to their treatments, however if you are running late we will do our best to accommodate you. However your treatment time may be shortened in consideration of the following clients appointment time.

The minimum age is 16 and we regret we can not accommodate babies or small children in the spa. Please do not hesitate to contact us if you have any special requirements or questions.

If unfortunately you have to cancel, please give us as much notice as possible. Cancellations made less than 24hrs in advance may incur a 50% charge of the treatment price or loss of any deposit made.

GIFT VOUCHERS

Whinstone View gift vouchers are a great idea for everyone, especially those 'difficult-to-buy-for' people.

Our gift vouchers can be used anywhere at Whinstone View and are valid for 12 months.

Available to buy online!

DECLÉOR FACIALS

All facials include a 10 minute consultation to ensure a bespoke treatment

Discovery 40 minutes - £32

Short of time? Discover why Decléor are world famous with this introductory facial.

Ultimate Vitamin Glow 1 hr 10 minutes - £42

Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress for skin that's purified, perfectly replenished and visibly radiant.

DECLÉOR PRESCRIPTIVE PERFORMANCE FACIALS

Quench & Protect 1 hr 10 minutes - £46 Dehydrated skin

Super hydrating and able to quench even the thirstiest of skins for a complexion that's rehydrated, supple and cashmere soft.

Cocoon & Repair 1 hr 10 minutes - £46 Dry skin

Ultra nourishing to feed dull, dry and exposed skin. Transforms complexions to radiant and satin smooth.

Calm & Strengthen 1 hr 10 minutes - £46 Sensitive skin

Soothing and anti-redness for stressed, fragile and reactive skin.

ADVANCED ANTI AGEING FACIALS

Plump & Lift - 1 hr 20 minutes -£59

Lifting and anti-aging using our facial yoga gestures.

Sculpt & Rejuvinate 1 hr 20 minutes - £59

Remodel and re-densify the facial contours to eliminate wrinkles and loss of tone with facial pilates gestures.

Add Vital Eyes as an add on to any facial 15 minutes - £15





"Working inside out, instead of outside in"

Skin peels and resurfacer treatments are designed to exfoliate your skin and encourage it to refresh itself by creating fresh new skin cells. They also stimulate the skin's natural collagen production to help target the appearance of fine lines and wrinkles.

Skin peel treatments make use of acids and enzymes to exfoliate away layers of the skin to reveal fresher, clearer, more youthful looking skin beneath the surface. Resurfacers are a milder type of skin peel and are sometimes referred to as 'superficial exfoliating treatments'.

The powerful blend of ingredients in skin peels work to visibly reduce the appearance of open pores, remove dead skin cells, target blemishes, acne and pigmentation, and visibly smooth fine lines and wrinkles.

LEVEL 1 - FACIALS

Essential Balance Facial 60 minutes - £46

This revitalising treatment promotes healthy, balanced skin.

Peptide Vitality Facial 60 minutes - £50

Relax the appearance of fine lines and wrinkles, while plumping and firming the skin for a youthful boost.

Retinol Infusion Facial 60 minutes - £55

Revive, repair and restore your skin. Retinol infusion is the perfect pick-me-up for dull, lifeless skin.

Purchase 3 resurfacers and receive a free prep kit (worth £80)

Results from Salicylic / Pumpkin Resurfacer



BEFORE



AFTER



LEVEL 2 - RESURFACERS

Power Peptide Resurfacer 30 minutes - £60 Suitable for aging, texture concerns, visable lines and wrinkles.

Primary Pumpkin Resurfacer* 30 minutes - £60

Treatment for dull, uneven skin tone, lines, wrinkles or scarring.

Salicylic Resurfacer* 30 minutes - £60

Treatment for acne, oily, combination and congested skin.

LEVEL 3 - SKIN PEELS

Retional Infusion Peel* 30 minutes - £70 All skin types and conditions, revives, repairs and restores skin.

Salicylic Peel 30 minutes* - £100

Acne, oily and combination skin. Salicylic acid effectively exfoliates the skin by controlling congestion and relieving inflammation.

TCA Peel 30 minutes* - £110

Aging / texture concerns, visible lines, wrinkles, scarring, age spots.



^{*}All of these treatments must include a 20 minute consultation, a patch test and skin prepping two weeks prior to treatment.



DERMAROLLING

Dermapure Dermarolling - £80 Course of 3 - £200

Dermapure Dermarolling system uses a process of advanced skin microneedling to produce natural, longlasting results in skin rejuvenation using the Dermaroller.

The advanced micro-needling procedure is designed to stimulate your skin, encouraging it to regenerate and repair itself naturally, producing smoother, brighter, younger and healthier looking skin.

The Dermapure Dermaroller treatment is clinically proven to be effective on:

- Scars (including acne)
- Sun damaged and ageing skin
- Facial and decollete lines and wrinkles
- Stretch marks
- Maximise results and get your skin looking its best by combining micro-needling treatments with one of our Dermaquest skincare programmes.

Dermarolling is a natural skin regeneration and Scar Repair Therapy.

HOW DOES IT WORK?

Dermarolling is designed to produce thousands of micro-needle columns in the skin, which in turn stimulates the skin to naturally regenerate and repair itself. As part of this stimulation new collagen can be formed, new skin cells generated and the structure of the dermis, the lower level of the skin enhanced.

WHAT RESULTS CAN I EXPECT?

This natural process takes time, it can take up to six weeks before you see significant results - although the process will continue over the following months and several treatments are usually required. The results are not only smoother, brighter rejuvenated skin, but it can also lead to an improvement in the appearance of acne scars and stretch marks.

WHAT DOES THE TREATMENT INVOLVE? Before your treatment is started your skin will be numbed with topical anaesthetic (can take up to 40 mins), so you'll remain comfortable throughout. The recommended treatment course is usually six treatments between 2 - 6 apart.

AFTER THE PROCEDURE

In the days following your Dermarolling procedure as the skin starts to regenerate and repair itself it may well feel drier than normal. Our Therapists will advise what specialist skincare is recommended to optimise your procedure.

Results from Dermaroller
BEFORE & AFTER

The Ultimate - Resurfacer & Dermaroller combined - 45 minutes £100

An advanced anti-aging and antioxident facial treatment that increases product penetration by 85% with the use of pure dermarolling system. Helps to firm and tighten the skin. Treats age management concerns and fine lines.

Home Dermaroller - £42

For even better results, purchase a 0.25 roller to improve your penetration at home by 70%

Contact us today to start your new skin journey Tel: 01642 723285 Email: spa@whinstoneview.com www.whinstoneview.com/spa





Back Massage 30 minutes - £30 Full Body 60 minutes - £45 Full Body Massage including scalp 1 hr 15 minutes - £60

Everyday stresses and strains simply disappear with our heavenly massage to either relax, detoxify, tone or stimulate.

Hot Stone Back Massage 40 minutes - £40 Hot Stone Full Body Massage including scalp 1 hr 15 minutes - £60

Stimulate energy flow while soothing the body and mind with this heavenly massage using the warmth of heated stones to ease tension and stress.

Tranquility Scalp Massage 30 minutes - £30

Intensely de-stressing scalp, neck and shoulder treatment to banish tension and aid restful sleep.

Aroma Body Wrap 60 minutes - £45

A wonderful form of relaxation. Essential oils are blended for your individual needs. Each treatment includes full body exfoliation and mask, a tranquil scalp massage and an application of body milk.

Body Polish 40 minutes - £30

Full body exfoliation followed by nourishing moisturiser.

HOT TUB

Add on a dip in the hot tub! Available for £15pp (max 2 pople) when booking two body or face treatments each. Drinks can be ordered over from the bistro for you to enjoy in the tub, bringing your own is not allowed!

FACE & BODY TREATMENTS FOR NEW MUMS & MUMS TO BE

Radiant Mum To Be Treatment 1 hr 20 minutes - £55

A pampering head to toe treatment when you need it most. It will help ease aching backs, stress, fatigue and improves skin tone and elasticity. Treatments available from 12 - 39 weeks.

New Mum Indulgence Treat 1 hr 20 minutes - £55

Revive tired skin with a invigorating body scrub and a tailor made facial. This treatment has been specifically created for the needs of new mums. Leaves skin perfected, strengthened and relaxed.

MANICURES & PEDICURES

Jessica Gel Nails

Long lasting high gloss shine nails with Jessica GELeration polish

Gel manicure £25

45 minutes

Gel French manicure £27

45 minutes

Gel removal plus application £30

60 minutes

Gel removal £10

20 minutes **Gel pedicure** £30

60 minutes

Jessica Manicures & Pedicures

File & cuticles 30 minutes £12 File & polish 30 minutes £12 **Jessica Manicure** £24 45 minutes

Includes exfoliation, massage, cuticle care, shaped nails & perfect polish

Spa deluxe Manicure £29 60 minutes

As above plus thermal heat mittens and hand mask

Jessica Pedicure 60 minutes

JESSICA[®]

£28

Includes exfoliation, massage. cuticle care, shaped nails & perfect polish

Spa deluxe Pedicure 70 minutes £33

As above plus thermal heat boots and foot mask

La Remedi Hand Treatment £15

20 minutes Exfoliating & conditioning treatment leaving hands silkier, smoother & firmer

LASHES & BROWS

Lash Tint* £12 **Brow Tint*** £8 **Brow Wax** £8 **Eve Package*** £26

LVL Lashes*

The ultimate lash lift, natural enhancement to vour own lashes. Verv low maintenance lasting 6-8 weeks.



Lash Express*

Express individual lashes which take only 40 minutes to apply but must be removed after 2 weeks. No infills. Great if you like the look but don't want to wear lash extensions for a long time.



*A patch test is required 24hrs prior to first treatment

TANNING treatments

£45

£25

St Tropez Air Brush Tanning available in classic, dark and express.

Full Body £20 Half Body £15



Purchase 4 Tans get the 5th FREE

LYCON™ WAXING

Lycon is the world's leader in waxing technology, removing stubborn hair as short as 1mm and is virtually pain free.

Eyebrows	£8	Men's Back or Chest	£20
Lip or Chin	£7	Under Arm	£10
Lip & Chin	£12	Forearm	£15
Half Face	£15	Nostrils	£8
Half Leg	£18	Standard Bikini	£13
Half Leg & Bikini	£24	G-String	£18
Full Leg	£25	Brazilian	£26
Full Leg & Bikini	£29	Hollywood	£28

THERE'S A BRAZILIAN REASONS TO GET WAXED



Occasionally throughout the year Whinstone View Spa offer special packages. Why not treat yourself, always great value and a chance to try something different, offers usually include time in the hot tub and something to eat in the bistro. Look out for the latest offers on social media or our website.



All pamper packages include use of the hot tub and a £10 allowance per person in the Bistro. Perfect for couples, catch up time with your bestie or just a treat for someone special. Towels, robes and slippers are all provided.

GET TOGETHER £90 per person

- Decléor Back Massage
- Discovery Facial
- File & Polish

JUST FOR HIM £90 per person

- Decléor Back Massage
- Express energy facial
- Leg & Foot Massage

INDIVIDUALLY YOURS £110 per person

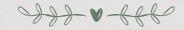
Enjoy the three following treatments:

- Body Polish
- Scalp Massage
- Hot Stones Back Massage
- Discovery Facial
- Gel Manicure
- Gel Pedicure

INDULGE £140 per person

Our deluxe spa day includes a glass of wine whilst you relax in the hot tub followed by a selection of our most popular treatments:

- Decléor Classic Facial & Vital Eyes
- Full Body Massage
- Deluxe Manicure or Deluxe Pedicure





Packages are available to book Tuesday - Saturday

All spa packages and special offers require full payment at the time of booking any rescheduling within 48h will incur a 15% charge















